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CELEBRITY CHEF EXPLORES COUNTRY'S LESSER-KNOWN SIDE IN NEW SHOW PAGE 12

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Riders look for a win at Mosaic

Riders wide receiver Aaron Hargreaves takes a pass during practice at Mosaic Stadium Thursday. Hargreaves joined the team this week. ROB BROWN/METRO

Saturday matchup against the Stamps.

'We are hungry. We have a bit of a chip on our shoulder': Durant

ROB BROWN
Metro in Regina

Hoping to stop their losing slide, a louder coaching staff and seemingly more focused team hit Mosaic Stadium for practice this week.

Last Sunday's 24-5 loss to B.C. was the fourth in as many outings, and Riders on both sides of the ball know Mosaic is where the team has to come up with a win.

Defensive end Brent Hawkins says focus on the practice field this week will translate into success Saturday afternoon when the team takes on the Calgary Stampeders.

"We need to snap this streak," said Hawkins. "We have to."

Rider pride was tall in the saddle after a 3-0 start to the season. However a July 19 loss as the Stamps stole a 41-38 win started Saskatchewan's 0-4 tumble.

Hawkins says he doesn't care about things like redemption. He doesn't care where the Riders' next two points comes from.

"We don't care who it is against," said Hawkins. "We have to beat them. We aren't worried about the past."

One player who does remember Saskatchewan's season turning south after its last Stamps encounter is quarterback Darian Durant.

Durant is looking to hit more green downfield after tossing three interceptions on 27 passes against B.C. last week.

"We are hungry. We have a bit of a chip on our shoulder."

Kickoff is 1 p.m. Saturday at Mosaic Stadium.

Hang on for fun ride with Gordon-Levitt

Bike-courier thriller Premium Rush is like 'a BMX race with a plot line,' Metro's Reel Guys say PAGE 8

Top that dog

Forget ketchup, mustard and relish — add feta, spinach, prosciutto or refried beans PAGE 11

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Varsity football

Huskies wrap fall camp

The University of Saskatchewan Huskies football team has finished fall training camp and will play its first non-conference game of 2012 against the University of Guelph Gryphons at Griffiths Stadium at 7 p.m. on Friday.

The Canadian Interuniversity Sport season officially begins on Aug. 31, when the Huskies play the University of Alberta Golden Bears. METRO

Sisters abuse case

Woman charged in girl's death is released on bail

A Regina woman charged in the death of a four-year-old girl in her care has been released from jail.

Tammy Lynn Goforth was granted bail on 10 conditions, including that she not have contact with her husband, Kevin Eric Goforth, who is also charged in the girl's death.

The girl died earlier this month after she and her two-year-old sister were brought to a Regina hospital. The condition of the younger girl is said to be improving.

The couple still faces one count of negligence causing bodily harm in relation to the two-year-old. Outside court, the girls' biological mother was furious with the bail decision. Details about the hearing are under a publication ban.
THE CANADIAN PRESS

Nipawin

South Dakota man fined over fishing tours

A man from South Dakota has been fined $8,400 for guiding U.S. fishermen on tours of the Saskatchewan River.

The Saskatchewan government says Joel Vasek, of Geddes, S.D., was advertising trophy walleye fishing trips to the Nipawin area on the Internet. An investigation was started in 2009 after someone complained.

Vasek was convicted of unlawfully acting as an outfitter without a licence, a charge under Saskatchewan's outfitter and guide regulations. He is prohibited from holding a fishing licence for three years.
THE CANADIAN PRESS

'Keep calm and paddle on': One man's journey to give back

Fundraising adventure. Chad Guenter plans to paddle-board 300 kilometres through Saskatchewan to create awareness about mental illness

MORGAN MODJESKI
morgan.modjeski@metronews.ca

Quoted

"(Mental illness) is one of those diseases that you can ... get yelled at for having. It's not like cancer, no one is going to yell at you for having cancer." Chad Guenter

River paddling helped Chad Guenter through depression, and now he plans to make a 300-plus-kilometre, seven-day river journey through Saskatchewan to raise money and awareness for those dealing with mental illness.

Guenter, a Saskatoon expat, plans on paddle-boarding from Saskatchewan Landing Provincial Park right into Saskatoon on the South Saskatchewan River.

He also hopes the trip will introduce other people with mental illness to the sport that helped him.

"It's one of those diseases that you can get, but you can also get yelled at for having," said Guenter. "It's not like cancer, no one is going to yell at you for having cancer, but if you are acting out because you're depressed, you're anxious or you have a panic attack ... people don't understand."

He explained, "If I can get some other people introduced to stand-up paddling and as well being able to help them, what a great way to fix things, no drugs, no medicine, just a little bit of happiness."

Guenter said the trip will be a tough one but noted that's the whole point, since people with mental illness have to work through tough times every day. Because of that, he's rephrased the old military saying to "Keep calm and paddle on."

"It's the biggest thing in life," he said of the slogan. "When stuff starts going sideways, just keep calm, push on and in this case we're paddling on."

Chad Guenter poses with a stack of paddle boards outside of Escape Sports. Standup paddling helped him deal with depression, and now he plans to travel 300 kilometres along the South Saskatchewan River to raise funds and increase awareness about mental illness. MORGAN MODJESKI/METRO

Hilltops are 'headed in the right direction,' coach says

Hilltops quarterback Matt Karpinka dashes downfield with the football in a contest earlier this season with the Calgary Colts. MORGAN MODJESKI/METRO

Saskatoon Hilltops head coach Tom Sargeant breathed a sigh of relief last weekend after his team cruised to their first victory of the Canadian Junior Football League season.

The Hilltops' 35-20 win over the Winnipeg Rifles on Aug. 19 came after their first season-opening loss since 1996. Sitting at 1-1, the Hilltops now prepare for a home bout with the Edmonton Huskies.

"That (win) was huge for everybody — the coaches' confidence and the players' confidence," said Sargeant.

"Anytime you get a 'W,' now you start marching forward. It wasn't an easy contest in Winnipeg. They played us pretty tough but our players found a way to be successful. We're headed in the right direction."

Though they now face a winless Huskies team, Sargeant isn't discounting the Edmonton crew. "They're 0-2 and they'll be pretty motivated against us come Sunday," he said.

Lane Bannerman came up huge for Saskatoon against Winnipeg, returning a Rifles kick for a 65-yard touchdown just a couple minutes into the game. Sargeant thinks Bannerman will be key in Sunday's contest.

"Lane's one of our leaders. He's a captain and so early in that game he provided us with a big play. It gave life and a lot of attitude to the football team. We certainly missed him the week before," Sargeant added.

The Hilltops special teams appears to be thriving, while the offensive unit is still working to find its groove.

"We've challenged every offensive player to bring more of themselves, bring more energy, more passion to the field." DORIAN GEIGER/METRO

Sunday game

- The Hilltops and Huskies will square off at 1 p.m. on Aug. 26 at the Gordie Howe Bowl in Saskatoon.

SMEN 1

Mobile news

Is higher education overrated? Scan the code to watch one man's hilarious musical take on why every university major is terrible.

New project launched to find ill-fated ships

Nunavut. Inuit oral tradition has been key for previous searches seeking the lost Franklin expedition

Details

- The federal government is contributing $275,000 to the new expedition, with additional costs being picked up by private partners.
- It's expected to last between four and six weeks.

The search for the lost ships of the ill-fated Franklin expedition continues.

A new research project was announced Thursday by the prime minister in Nunavut, where the ships are believed to have sunk.

"Why do we search for the Franklin? The wreckage of the Franklin expedition is a national historic site designated some time ago — it is the only undiscovered national historic site, we feel an obligation to discover it," Stephen Harper said.

Sir John Franklin set out from England in 1845 to find the Northwest Passage with two ships, the HMS Erebus and HMS Terror.

But they ended up trapped in ice, and Franklin, along with other crew members, died in 1847. The next year, the surviving crew set out on foot but were never seen alive again.

All this is known thanks to a message left in a cairn on King William Island, and while the message suggested where the two ships might have been when they were abandoned, previous attempts to find the wrecks have been unsuccessful.

In 2010, a search team did find the remains of the HMS Investigator, sent in 1850 to find Franklin.

The unknown final resting place of the ships was declared a national historic site in 1992, though the ships will remain the property of the United Kingdom.

The search areas will include both the O'Reilly Island area, west of the Adelaide Peninsula and further north to Victoria Strait and Alexandra Strait.

THE CANADIAN PRESS

Order of Canada. Black capable of defending his membership in writing, federal lawyers say

Conrad Black has a way with words, government lawyers say, and the Order of Canada advisory council is well aware of that — he gave them a copy of his latest book.

Federal lawyers are set to argue in court Friday that Black should have no trouble making written arguments to the council deciding the status of his Order of Canada membership, documents show.

Black, 67, is asking Federal Court to force the advisory council to allow him an oral hearing as it decides whether to recommend the Governor General revoke Black's prestigious membership, bestowed upon him in 1990.

His lawyers are arguing that his case is too complex to be handled in writing — the only medium Order of Canada rules allow. The former media magnate went to Federal Court after his request to make arguments in person was denied.

But documents filed in advance of Friday's hearing show federal lawyers are relying on Black's own prowess with prose to argue that he doesn't need oral arguments to make his voice heard.

The council can recommend members of the order be stripped of their status, but the final decision rests with the Governor General.

THE CANADIAN PRESS

Conrad Black at the Empire Club in Toronto in June. CHRIS YOUNG/THE CANADIAN PRESS

Infestation

Alberta town escalates battle against rats

Officials in Medicine Hat, Alta., think it could take two years to clear the city of rats.

The municipality has announced it's stepping up its war on the rodents with a new strategy called "Operation Haystack."

Ed Jollymore, the city's waste manager, says baited hay bales will be scattered around Medicine Hat to attract and kill the vermin with a poison that won't harm people or pets.

Prior to the infestation, Alberta had been largely rat-free for 50 years.

THE CANADIAN PRESS

Disease

Resurgence seen in syphilis cases

Cases of syphilis across Canada have risen dramatically over the last two decades, spiking to more than 1,750 cases in 2010 from 177 in 1993, the most recent statistics show.

"People age 30 and older accounted for 73 per cent of all the reported cases in 2010," said Dr. Howard Njoo of the Public Health Agency of Canada. "The other interesting thing is the vast majority of cases are among men."

THE CANADIAN PRESS

Arctic

Officials fretted over war game

The administrative wing of Prime Minister Stephen Harper's office worried about the optics of hundreds of Canadian troops taking part in a major NATO-sponsored Arctic war game in northern Norway earlier this year.

Conservatives have made rebuilding the military, more international involvement and a more muscular presence in the North key policy touchstones.

But senior federal officials told the army last fall they weren't sure the country should participate in Exercise Cold Response.

It took the intervention of the assistant deputy minister of policy at National Defence to smooth the way for the army's participation, reassuring senior government officials that were "no policy obstacles" that contradicted Government of Canada procedures.

THE CANADIAN PRESS

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Paralympic athletes accused of sexual assault

London 2012. Three members of Jordanian squad will return to Northern Ireland for hearing on Oct. 18

Jordan pulled three squad members accused of sexual assault in Northern Ireland out of the 2012 London Paralympics on Thursday, sports officials in Amman said.

The Jordanian Paralympic Committee said the three men — two Paralympic power-lifters and a trainer — will be flown home later on Thursday but that they will be returned to court in Northern Ireland on Oct. 18 for their hearing.

The three were arrested on Monday northwest of Belfast, where Jordan's squad is one of several national teams training before the Paralympics, which begin Aug. 29. The men were released on bail Wednesday.

The committee said in a written statement to The Associated Press that it decided to pull the three out of the games because it "would be inappropriate for the accused athletes to compete" in the international tournament.

"We have zero tolerance on any misconduct and will continue to work closely with the Northern Ireland authorities to assist in their investigation," said the statement. The wording reflected the embarrassment of the government, which is seeking to place Jordan on the world's sports map.

"However, our focus is now preparing the remaining members of the team for competition and we look forward to taking part in what promises to be a truly magnificent sporting event," it added.

Omar Sami Qaradhi, 31, is facing three charges of sexual assault, two of which are against a child. He also is charged with one count of voyeurism after allegedly entering a women's changing room at the local sports centre.

The two other men were identified as Motaz Al Junaidi, 45, and trainer Faisal Hammash, 35, who also appeared at Coleraine Magistrates' Court on Wednesday.

THE ASSOCIATED PRESS

Accusations

- Police said a 14-year-old girl claimed that she posed for photographs with Omar Sami Qaradhi, 31, before he groped her between the legs in the town centre of Antrim on Aug. 18.
- That same day, a 16-year-old girl said she and a friend were walking near the sports centre when the men blocked their path. Police allege that one of the men pushed the girl towards Qaradhi, who wrapped his arm around her waist and tightened his grip before she ran away.

Syria

Regime fights rebels for control of Damascus

Syrian troops backed by tanks and helicopters broke into a Damascus suburb on Thursday following two days of shelling and intense clashes as part of a widening offensive by President Bashar Assad's forces to seize control of parts of the capital and surrounding areas from rebel fighters, activists said.

At least 15 people were killed in the offensive on Daraya, only a few kilometres southwest of Damascus.

Across the country, at least 100 people died in shelling and clashes, according to the Britain-based Syrian Observatory for Human Rights and the Local Coordination Committees.

The bloodshed coincided with the departure from the Syrian capital of the last of the UN military observers after their mission failed.

Activist groups report the deaths of between 100 and 250 people on a daily basis, but it is virtually impossible to verify these figures. THE ASSOCIATED PRESS

Refuge from the chaos

A Syrian girl, who fled her home with her family due to fighting between the Syrian army and the rebels, sleeps by her family's belongings, while she and others take refuge at the Bab Al-Salameh border crossing, in hopes of entering one of the refugee camps in Turkey on Thursday.

MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

Facebook rolls out improved mobile app

New version. No integration of Instagram yet, but latest update for smartphones and tablets focuses on being speedier

On Thursday, Facebook addressed users who had gripes with its app for iPhones and iPads with the launch of a faster version. Rather than add a slew of new features, the company said it rebuilt the application from scratch to make it speedier and less clunky.

In a recent demonstration at the company's headquarters, the new iPhone app opened about twice as fast as the older version. Photos and comments also load faster. Users can now "like" comments on photos, which wasn't possible with the previous mobile app.

A screenshot from Facebook shows its new mobile app, which launched Thursday. THE ASSOCIATED PRESS

Mick Johnson, mobile product manager at Facebook, said programmers removed some lesser-used features, such as a way to view the app horizontally, to help speed it up.

The mobile arena presents Facebook with its biggest challenge — and its biggest opportunity. At the end of June, Facebook had 543 million users who accessed it with a phone or tablet computer, up 67 per cent from 325 million a year earlier.

But while Facebook ads are well-established on its website, the company only recently started experimenting with mobile advertisements. That's been a concern for investors, who've sent Facebook's stock down by nearly half since the company's initial public offering three months ago.

The app is available for free from Apple's App Store.

THE ASSOCIATED PRESS

Google Street View points North

Prime Minister Stephen Harper talks with Google Street View team member Mike Pegg in Cambridge Bay, Nunavut, on Thursday. As Harper's northern tour touched down in Nunavut, a team from the search-engine giant was already on the ground. They're working with residents of Cambridge Bay to add elements of their community to Google maps while also fixing past mistakes. ADRIAN WYLD/THE CANADIAN PRESS

Research in Motion

Carriers get look at new BlackBerry

Some wireless carriers finally got a glimpse of the new BlackBerry smartphones this week, as part of Research In Motion's global effort to drum up enthusiasm for the devices. RIM executives met with carriers in North America to unveil early versions of the new BlackBerrys. RIM hopes the meetings will lead to firm commitments from the providers as it promotes the new product over the coming months.

THE CANADIAN PRESS

Market Minute

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ONE QUESTION: ARE WE MAKING STRIP BILLIARDS AN OLYMPIC SPORT?

THE LIST
Paul Sullivan
Metro

It's time for the Metro List, our weekly guide to what's making waves around the water cooler.

1 **Dirty Harry.** Harry keeps the flame burning with a new sport that, for some reason, wasn't included in the London Games: strip billiards. There's the good Prince William and then there's the bad Prince Harry. Hands up, who do you prefer?

2 **Dirty bedside read.** In other naughty U.K. news, a hotel in the Lake District replaced the Good Book with the Very Bad Book — 50 Shades of Grey — in its bedside tables. The hotel manager was denounced from local pulpits, but refused to back down. "The Gideon Bible is full of references to sex and violence, although it's written using more formal language, so James' book is easier to read," he said. That's E.L. James, not King James.

3 **Chavril? AvChad?** Chad Kroeger of Nickelback is engaged to Avril Lavigne of Sk8er Boi. Stands with the other great romances of the recent era: Michael Jackson and Lisa Marie Presley; Nicholas Cage and Lisa Marie Presley. We can only assume Chad has yet to meet Lisa Marie Presley.

4 **Pussy Riot.** OK, this is a family newspaper. Of course these brazen young women should get two years hard time for singing a song in church while wearing funny outfits. Their very name is an assault on the ears of innocents like Vladimir Putin.

5 **Speaking of assault.** Some advice to Missouri Senate candidate Todd Akin: Dr. Oz is the only guy on Earth who gets to talk about the female reproductive system on TV, and that's only because he's been blessed by Oprah. And never, ever use the words "legitimate" and "rape" in the same time zone, never mind next to each other in the same sentence.

6 **National park.** Let's change the subject. We have a new national park, our 44th. Up north somewhere, it's called Nááts'ihch'oh National Park Reserve, causing the editors at Canadian Press Caps and Spelling to apply for stress leave. Environmentalists are complaining that it's too small, only 4,840 square kilometres, which is about three times the size of Yoho but two-thirds the size of Banff. Just go to Yellowknife, then turn left, go another 680 kilometres and you're there. Lots of grizzly bears, but no golf course. Yet.

7 **Speaking of up north somewhere.** The Google Street View tricycle is tooling around Cambridge Bay, population 1,477, way up there in Nunavut, a mere 1,770 kilometres from the North Pole as the Snowy Owl flies. Google is now officially everywhere.

8 **The cult of Jack Layton.** It's been a year since the untimely death of the former NDP leader, but his legend grows, as vigils across the land mourn his loss and celebrate the memory of the man who failed to get elected prime minister four times in a row. Eat your heart out, Stephen Harper.

Follow The Metro List on Twitter @TheMetroList

Prince Harry is seen — clothed — in this photo taken at the 2012 Summer Olympics, prior to his debauchery in Las Vegas.
MARKUS SCHREIBER/THE ASSOCIATED PRESS

Come on, baby, light my kitchen

JANNE PARVIAINEN/REX FEATURES

Light topography

Cooking up a lightstorm

This stunning image captures a kitchen like no other, illuminated using a novel technique known as light topography.

To achieve the science-fiction effect, Finnish artist Janne Parvianen traces surfaces with LED lights and exposes the shots for 30 minutes. There is no Photoshop or image editing.

METRO

Meet the artist

"Art is the key to your emotions."

Janne Parvianen, artist and teacher

Despite the futuristic visuals, this old-fashioned message is how Parvianen describes his philosophy.

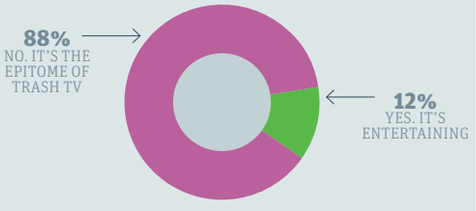
Q&A with Parvianen

- **What is most difficult about this technique?** It is quite challenging to draw into three dimensional space, so it takes a lot of planning and training. It is usually through trial and error that I find the right positions and the figures for the final photo.
- **What emotions do the images inspire?** I'm trying to put as much soul in my photos as possible. My main interest has always been human emotions and trying to express them through art. I really like to use strong visual elements in my photos such as skeletons and people laying on the ground to create images that make you wonder what is really happening in them. A skeleton can be happy or sad, it doesn't always have to be seen as a grim image.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

Are you tuning in to Toddlers and Tiaras' spin-off TV show Honey Boo Boo?



Twitter

@JupiterMaHoney: Oh hey panic attack.. I just punched a wasp :'(

@KeithWalks: Just landed in Saskatoon. I don't think this place could be more flat #praireswag

@heather_mo: My club soda froze a little bit. It's like a really bland slurpee.

@kiApowery: Saskatoon summer is finally kicking it into full gear! #realtanning-weather #amen

@mmillar55: Plane has touched down in Saskatoon. Time for some pregame prep for the Huskies.

@missmelmelmel: Sweating. That is all.

metro

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SCENE 2

Joseph Gordon-Levitt is the most extreme bike courier in Manhattan in Premium Rush. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Rush is the only thing premium in this film

Fun ride. Joseph Gordon-Levitt-led thriller is full of style and action, but lacks any kind of substance

Richard: Mark, Premium Rush is like a BMX race with a plotline. Bikes dart in and out of traffic, defy the laws of gravity and spin on one wheel, which is all cool, except that it overshadows the characters. Only Michael Shannon as the out-of-control cop is memorable enough to rise above the bike stunts and skinned elbows.

Mark: In the interests of full disclosure Richard, I cannot ride a bike. In fact, they scare me. So I was unusually riveted by the action sequences in this film. Which definitely eclipsed the characters! I don't know how I felt about Michael Shannon. He had a presence for sure, but he was also kind of cartoonish which stopped me from taking the movie seriously as a thriller.

RC: I don't think it is meant to be taken seriously as a thriller. Any cop who would say, "I forgot to bring my bullets. I'll meet you there," to his cop buddies isn't trying to be Detective Sergeant Joe Friday. He's a wild, bug-eyed caricature of a man on the edge and the second most entertaining thing in the flick (next to the bikes). What did you think of Gordon-Levitt?

MB: Not an actors' movie but he can clearly carry off a leading man role. What I really liked about the movie was its style. The maps, time code, miniatures of Manhattan, and the fractured time narrative all kept me engaged with the limited storyline. Gordon-Levitt's character is called Wiley, as in Wile. E. Coyote, and the movie does have a Roadrunner simplicity. I thought all the gimmicks and stylistic quirks opened it up nicely.

RC: In the beginning I feared that the GPS maps that pop up from time to time might be too much style over substance, and in a way I was right. There isn't much substance here, but it is a fun ride.

MB: What I really didn't buy was the pointless love triangle among the bike couriers, which was a waste of celluloid. But when you say "fun ride" Richard I think you've nailed the picture.

Synopsis

Of all the bicycle courier misfits who patrol the streets of Manhattan, Wylie (Joseph Gordon-Levitt) is the most extreme. Stripped of gears and brakes, his bike is a missile charging through the streets of New York, delivering "that thing to that place, fast." A routine pick-up and drop-off turns dangerous when a crooked cop (Michael Shannon) decides he needs what Wylie is carrying more than its intended recipient.

- Richard: ●●○○○
- Mark: ●●●○○

On the web

Recording Academy launches campaign to get liner notes behind songs on digital music outlets.

NEED A RIDE?
Read metrodrive every Wednesday.

Lawless opens next Friday. HANDOUT

Sixties soundtrack goes down well with prohibition trader tale

Lawless. Musician and screenwriter Nick Cave uses the 'boxy' sounds of The Velvet Underground to set the tone in latest film

NED EHRBAR
Metro World News in Hollywood

While his main vocation is still music, Nick Cave admits he's more than happy to write a screenplay whenever director John Hillcoat asks him to. The latest request from Hillcoat? Adapting Matt Bondurant's book the Wettest County in the World, about Bondurant's grandfather and great-uncles running a thriving moonshining operation during Prohibition. Cave also got to take a crack at the music for the film — as he's often done for Hillcoat, most recently for 2009's the Road. For Lawless, he found some unusual inspiration in the Velvet Underground.

How did you feel about changing the title from the Wettest County in the World to Lawless?

Matt's title — this is what I'm told — didn't translate into other countries. Look, I didn't have anything to do with that. It was a decision that was made closer to when it came out. There's been various reasons why. Foreign territories couldn't translate it effectively, so the film would then have a bunch of different names, and that was not good for the film. I've heard that it sounded like a porn film, the Wettest County. But at the end of the day, I think probably the Wettest County in the World was just too lyrical to drag in the youth market. I would say it was simply a marketing thing.

Where did the idea come from to include period versions of more modern songs, like with the Velvet Underground?

I'm not really sure. Initially we were looking at songs of the time, obviously. But I just personally felt that had been done a lot and had been done really well, like O Brother Where Are Thou. I didn't want to be chasing that kind of thing. So the time started to shift a little bit — maybe we take some from a little later. And then, f— it, let's take something from way over there and see what that's like, and then kind of replay it in a sort of attempt to capture that kind of spirit of that time. But you know, something like White Light, White Heat already sounds very much fitted to the time anyway on some level — there's a sort of boxiness to the way it's recorded. I think that was the first one, and once we had that we went, "OK, that's what we're doing."

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 24 TO THURS., AUG. 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Broadway Theatre
715 Broadway Ave., 306-652-6556

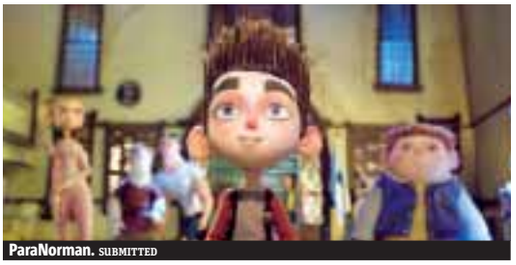
Bernie (PG) Fri 7 Sat 9 Sun-Thu 7
The Kite (PG) Fri 9 Sat 7 Sun-Thu 9

Cineplex Odeon Centre
3510 8th St. East, 306-955-1938

The Bourne Legacy (PG) Fri 4:05-7:10-10:10 Sat-Sun 1-4:05-7:10-10:10 Mon-Tue 4:15-7:10-10:05 Wed 1:15-4:15-7:10-10:05 Thu 4:15-7:10-10:05
Brave (G) Fri 4:25 Sat-Sun 2-4:25 Mon-Tue 4:25 Wed 2-4:25 Thu 4:25
The Dark Knight Rises (PG) Fri-Thu 9:20
Diary of a Wimpy Kid: Dog Days (G) Fri 5:55-8:10-10:25 Sat-Sun 1:10-3:30-5:55-8:10-10:25 Mon-Tue 5:15-7:35-9:55 Wed 2:50-5:15-7:35-9:55 Thu 5:15-7:35-9:55
The Expendables 2 (14A) Fri 5:10-7:40-10:20 Sat-Sun 2:40-5:10-7:40-10:20 Mon-Tue 4:50-7:25-10 Wed 2:25-4:50-7:25-10 Thu 4:50-7:25-10
Ice Age: Continental Drift (G) Fri 4:10-6:30 Sat-Sun 1:50-4:10-6:30 Mon-Tue 4:15-6:30 Wed 1:55-4:15-6:30 Thu 4:15-6:30
Magic Mike (14A) Fri 4:30-7:05-9:45 Sat-Sun 1:40-4:30-7:05-9:45 Mon-Tue 4:30-7:05-9:45 Wed 1:50-4:30-7:05-9:45 Thu 4:30-7:05-9:45
Sparkle (PG) Fri 4:45-7:25-10:05 Sat-Sun 2:05-4:45-7:25-10:05 Mon-Thu 4:40-7:20 Star & Strollers Screening Wed 1
Ted (14A) Fri-Thu 6:55-9:30

Galaxy Cinemas Saskatoon
347 2nd Ave. South, 306-664-5060

The Apparition (14A) Fri-Sun 1:55-4:05-6:15-8:20-10:35 Mon-Thu 1:30-3:40-5:50-8-10:10
The Bourne Legacy (PG) Fri-Thu 1:20-4:20-7:25-10:30
The Campaign (14A) Fri-Sun 1:05-3:25-5:35-7:50-10:05 Mon-Thu 3:25-5:35-7:55-10:05
Carmen in 3D Encore (STC) Wed 6
The Dark Knight Rises (PG) Fri-Thu 2:45-6:45-10:20
The Expendables 2 (14A) Fri 2:10-4:40-7:10-9:45 Sat 2:10-4:40-7-9:45 Sun-Tue 2:10-4:40-7:10-9:45 Fri-Sun 12:40-3:10-5:40-8:10-10:45 Mon-Thu 2:40-5:10-7:45-10:15
Hit & Run (14A) Fri-Sun 12:30-2:50-5:25-7:45-10:15 Mon-Thu 2:30-5-7:30-10:05
Hope Springs (PG) Fri-Thu 2:20-4:50-7:35-10:10
Ice Age: Continental Drift (G) Fri 12:30 Sat 11:15-12:30 Sun 12:30
Lawless (14A) Wed 1:40-4:20-7:10-9:50 Thu 1:40-4:25-7:10-9:50
Night at the Museum (PG) Sat 11
The Odd Life of Timothy Green (G) Fri 2:05-4:35-7:15-9:50 Sat 11:20-2:05-4:35-7:15-9:50 Sun-Tue 2:05-4:35-7:15-9:50 Wed 2:05-4:35-9:40 Thu 2:05-4:35-7:15-9:40
The Oogieloves in the Big Balloon Adventure (G) Wed-Thu 2:50-4:55-7
ParaNorman (PG) Fri-Sun 12:50 Mon-Thu 3:05
ParaNorman 3D (STC) Fri-Sun 3:05-5:20 Mon-Thu 5:20 Fri-Sun 7:40-10 Mon-Thu 7:40-9:55
Premium Rush (14A) Fri 1-3:20-5:45-8:05-10:25 Sat 11:30-1-3:20-5:45-8:05-10:25 Sun 1-3:20-5:45-8:05-10:25 Mon-Thu 3:20-5:45-8:05-10:25
Singin' in the Rain (G) Sun 1
Total Recall (PG) Fri-Sat 2:30-5:15-8-10:40 Sun 5:15-8-10:40 Mon-Tue 2:20-5:05-7:50-10:30 Wed-Thu 9:45



ParaNorman. SUBMITTED

Roxy Theatre
320 20th St West, 306-955-8642

Beasts of the Southern Wild (PG) Fri 7-9 Sat-Sun 2-7-9 Mon-Thu 7-9
The Invisible War (STC) Fri 8 Sat-Sun 1-8 Mon-Thu 8

Rainbow Cinemas Saskatoon
The Centre at Circle & 8th, 306-955-8642

The Amazing Spider-Man (PG) Fri-Thu 1-4:05-6:50-9:40
The Hunger Games (PG) Fri-Thu 12:50-4-7:50
Madagascar 3: Europe's Most Wanted (G) Fri-Thu 1:50-4:15-7:15-9:30
Marvel's the Avengers (PG) Fri-Thu 12:40-3:50-7:40
Men in Black 3 (PG) Fri-Thu 2-4:40-7:30-10
Snow White and the Huntsman (PG) Fri-Thu 1:10-4:20-7-9:45
Step Up Revolution (PG) Fri-Thu 1:25-4:35-7:20-9:35
The Watch (18A) Fri-Thu 1:40-4:30-7:10-9:55

Action/Comedy

Hit & Run

Director. David Palmer, Dax Shepard

Stars. Dax Shepard, Kristen Bell, Bradley Cooper

Dax Shepard stars as an ex-getaway driver who leaves behind the safety of witness protection to accompany his girlfriend (Kristen Bell) on a job interview to Los Angeles. Unfortunately as he hits the road so does his former partner in crime (Bradley Cooper). Shepard and Bell are a couple in real-life and the chemistry between them shows. When it's just the two of them on screen Hit and Run has the makings of a fun romantic action adventure. Unfortunately the movie is also populated by peripheral characters with the combined charm of a slap (stick) to the face.
RICHARD CROUSE

Quoted

"I guess as unique as he is, he's still someone who is so prolific and does so much — so obviously he's very aware of what he's doing. So it may come off as spontaneous and fun and silly or something. He's one of the great comedians working today, so he's aware of what's funny and what he does that's funny. Nothing's really accidental. You can't really sustain accidents for a long time."

Jesse Eisenberg on working with his Why Stop Now co-star Tracy Morgan.
THE ASSOCIATED PRESS

Prince Harry

Prince in hot water at home over photo scandal

In the wake of his nude Las Vegas photo scandal, Prince Harry has been summoned home, heading to Balmoral Castle in Scotland to get a talking-to from Queen Elizabeth and Prince Phillip as well as his dad, Prince Charles, according to Us Weekly.

A source tells the magazine that the royal bachelor — and third in line for the British crown — will "have to face up to family" for the outrageous behaviour. And his personal security will have to answer some questions as well — like how the photos could have been taken, let alone leaked. But Harry's guards needn't be too worried. "Of course questions will be asked, and matters raised, but no one's job is on the line," the source says. "As protection officers, their job is to intervene when his life is at risk, not to protect his image."

Gold medal challenge

The London games may be over, but Prince Harry isn't letting Team USA get away with the swimming gold that easily. The royal challenged Ryan Lochte during the American swimming champion's 28th birthday party Monday at a Las Vegas pool. Las Vegas Sun columnist Robin Leach reports the prince stripped down to his jeans and gestured for others to clear the way for the contest at the XS nightclub pool at the Wynn resort. As predicted, the 11-time Olympic medallist won.

THE ASSOCIATED PRESS

Angelina Jolie

Like mother like daughter

It looks like Angelina Jolie is OK with her kids getting in on the act, as one of her children — 4-year-old daughter Vivienne — will get some screen time with mom. "Angelina Jolie's daughter Vivienne will play a minor role as the child version of Princess Aurora opposite her mother in Maleficent," a statement from Walt Disney Studios confirms. Elle Fanning will play the older version of the princess, better known as Sleeping Beauty.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Tax lessons with Beanie Sigel

THE WORD
Monica Weymouth
scene@metronews.ca

On September 12, Beanie Sigel is due to report to prison for a two-year stay for tax evasion.

But although the Philly rapper pleaded guilty to failing to pay around $350,000 on unreported income, he's not going quietly.

In fact, Sigel has a perfectly good explanation for not filing between 2003-2005: "The years that they charged me for failure to file taxes is years that I was incarcerated," he tells MTV of his stint for weapons and drug charges. "When you're incarcerated in a federal facility, you're not allowed to conduct any business at all."

That's a little like being late for work because your bartender was moving slow.

But sure — we've been there. The thing is, Sigel doesn't really intend to pay up no matter where he's living.

"You shouldn't be able to tax income," he says. "If I fix your roof and you wanna pay me in 20 pounds of bananas, do you think Uncle Sam wants 45 per cent of my bananas? But because you're paying me $400,000 in currency he wants a part of that."

Beanie, whenever you make it out of prison, we fear you and your non-logic have a career in politics.

Reese Witherspoon

Source says hospital visit a 'normal thing' for Reese

All is well after a surprise visit to the hospital this week by Reese Witherspoon had friends worried she might be having her baby earlier than expected, according to the Daily Mail. "The visit is a normal thing for a lot of pregnant women and this is no drama," a source tells the newspaper. "All parties involved are healthy and fine."

But that's not how things looked a day ago, when sources told Radar Online, "Reese was actually taken to the hospital on Tuesday night with complications. She was released that night and then rushed back to the hospital (Wednesday). At this point it looks like she might have the baby." The baby is due in early September.

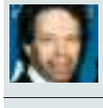
Conflicting reports on Brit's cold feet

Britney Spears

Contrary to reports that Britney Spears might be getting cold feet, the singer is still very much planning to marry fiancé Jason Trawick, according to People magazine. "There's no truth to any second thoughts about their wedding," a source says. Those rumours began cropping up when Spears was spotted recently without the engagement ring she received from Trawick after his proposal last December. But the absence was work-related, the source explains: "She was not wearing her ring last week because she took it off during an Elizabeth Arden (photo) shoot and Jason was holding it for her. He simply forgot to give it back until later."

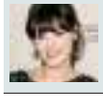
Twitter

@MissKellyO
had to leave the pool because the old pervert was there today he told me he likes watching me sunbathe because i remind him of Betty Grable



@BRUCKHEIMERJB
It is extremely hot out here in Santa Fe. Although really hoping for no rain... apparently we're in a flash flood area...

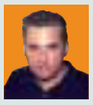
@charliesheen
Thank you Twitter... Thank you Cadre! Got my 7.7M followers back..!! well.... that took a week... WINNING!!



@ZooeyDescanel
Do pretty women still sit on their couches and eat Bon Bons or was that just an '80s thing?

Liquid Assets

Washing down the dog



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Can I be frank? When it comes to comfort food, I love a good wiener. It doesn't have to be all fancy pants with crazy toppings and snazzy dogs between my buns. I'm cool with a splash of mustard over something prepackaged.

I'm definitely in the minority. Hot dog aficionados are making the common into an explosion of sophisticated flavours by turning their dogs into delicacies.

Funky toppings and theme-oriented creations are turning the lowly supermarket sausage into the star of a gourmet revolution worthy of its own show on The Food Network.

Question is: What do you drink with that? With such a wide variety of interpretations you need to reach for something light, clean and refreshing; or in a word: beer.

A good brew, especially a lager style, is a food affinity equalizer when things get spicy, sharp or crazy eclectic.

After years of being an exclusively USA offering, Rolling Rock Extra Pale Lager (473 ml,

$2.35 - $3.29) has finally arrived in Canada. With good weight, a tight flavour profile and a linger bitterness, it's a perfect companion to a dolled-up dog.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Around the world in four hot dogs

Creative Hot Dogs. Transform the summer favourite with internationally inspired flavours

Plenty of people surely will disagree, but underdressed hot dogs simply don't seem worth the calories.

A well-dressed dog — that is a hot dog accompanied by robust and inspired toppings — can transform this classic summer food into so much more.

As such, hot dogs should be on the overflowing and messy side. That's why they are summer food, so you can eat them outside.

But just because they are overflowing and messy doesn't mean they shouldn't have a plan. Draw inspiration from other dishes when planning the toppings for a hot dog. Here are some suggestions. **THE ASSOCIATED PRESS**

The Greek Dog

Inspired by the gobs of feta cheese and spinach that are layered into classic spanakopita, this hot dog has big, robust flavours.

Thaw 1 cup of loose-packed frozen shredded spinach; squeeze it over the sink to remove water. In large skillet over medium-high, heat splash of olive oil. Sauté spinach, diced medium onion and 2 minced cloves of garlic. When onion is tender, season with salt, pepper and dill seed. Grill 4 hot dogs and toast 4 hot dog buns over medium heat. Spoon some spinach mix into each bun, then place a hot dog over it. Top with crumbled feta cheese and a bit of tzatziki.

The Pizza Dog

The only way to make meat-wrapped meat better is to add melted mozzarella cheese.

Using 2 slices of prosciutto per hot dog, wrap 4 hot dogs tightly in prosciutto. Grill the hot dogs over low heat, turning regularly, until the prosciutto is crisp and lightly browned, about 8 minutes. Meanwhile, fill 4 hot dog buns with bocconcini (small balls of fresh mozzarella). Toast the buns on the grill (bun opening facing up) until the cheese is warm and starting to melt. Place a hot dog in each bun, then top with oil-packed chopped sun-dried tomatoes and chopped fresh basil.

The Taco Dog

Soft and crunchy and spicy and creamy — exactly the way a taco should be.

Spoon refried beans into 4 hot dog buns. Lightly crumble about 12 tortilla chips, then sprinkle some over the refried beans in each bun. Grill 4 hot dogs over low heat. Toast the prepared buns (bun openings facing up) until the beans are heated. Place a hot dog in each bun, then top with sliced jalapeno peppers, tomato salsa, sliced black olives and shredded cheddar cheese.

The Curry Dog

One part Indian curry, one part North American dog, this frankfurter isn't afraid of big, bold flavours. There's not a whole lot of work involved in this hot dog, but the potato roll is key.

Drizzle bit of canola oil over 4 hot dogs, rolling to coat evenly. Sprinkle hot dogs evenly with curry powder. Grill hot dogs, as well as 4 small slabs of paneer, over medium heat. Grill cheese for 3 minutes, flipping once, or until nicely browned on both sides. Toast 4 potato hot dog buns on both sides. Finely chop grilled paneer and fill each toasted bun with some. Place hot dog over cheese, then spoon mango chutney over the top. Garnish with chopped fresh cilantro.

On the Web

Emotions run high when failing eateries are revamped in Restaurant: Impossible

Sanjuana's Pozole (rich corn and pork soup) is one of the dishes that will be spotlighted on Chuck's Week Off. THE CANADIAN PRESS/ FOOD NETWORK CANADA

Spotlighting a 'different Mexico'

Television. Chef Chuck Hughes hopes to show a lesser-known side of the country and its cuisine with new series

Montreal star chef Chuck Hughes says he hopes to open Canadian eyes to "a different Mexico" with his new television series.

Chuck's Week Off, debuting Aug. 28 on Food Network Canada, saw him venturing on and off the beaten path for two months in Mexico, trying everything from hiking to diving to lassoing with locals.

Of course, he also helped make authentic Mexican meals along the way, including home-made ranchero cheese, beef jerky, chocolate clams, and head tacos (complete with eyes, brain, tongue and cheek).

Hughes says despite recent headlines surrounding violent attacks on Canadians in Mexico, and a travel warning from Ottawa urging Canucks to exercise "extreme caution" in certain areas, he never felt unsafe during his stay last summer.

"There's probably 5,000 people that give a country of 120 million a bad rap," he said. "I travelled for two months everywhere. I literally went everywhere, not once did I feel threatened, not once did I feel scared. People were more scared of me, if anything. They were like, 'Who is that tall white guy with all the tattoos?'"

Hughes was particularly taken with Mexico City, where he stayed in the French-influenced Condesa district.

"I feel like it's a place where almost, I belong. I felt like I was home," said Hughes, 35. "I love the whole country, it was amazing, but Mexico City in particular was just really eye-opening."

The eight-part series is the first spinoff of Hughes' Gemini-Award-nominated Chuck's Day Off, which is broadcast in 30 countries.

The co-owner and chef of Montreal hot-spots Garde Manger and Le Bremner chose Mexico for the spinoff because he knows how to speak a little bit of Spanish and wanted to explore its terrain and cuisine.

"Everybody knows pico de gallo and tacos — well there's so much more," he said by phone. "Being from Quebec, my whole life I grew up on pork, corn, potatoes, and when I look at Mexico it's the same kind of deal, only they have hot peppers and they use the corn in a different fashion. But basically our staples are the same."

Watching Mexican locals cook with old-school methods — using local, in-season ingredients and minimizing waste — in remote areas with few resources taught Hughes a few techniques. It also made him realize how lucky he is to have everything at his disposal at his kitchens in Canada.

"I think that's probably what I take back the most from my whole experience. Not necessarily any specific recipe but more of a philosophy and a way of treating the ingredients, looking at the ingredients and respecting the food," said Hughes.

"My life revolves around it and I've always respected food a lot, but in terms of professional cooking, we're very, very lucky that we have water whenever we want and it's used in every stage."

THE CANADIAN PRESS

Beyond the ordinary

"Everybody knows pico de gallo and tacos — well, there's so much more."

Chef Chuck Hughes of new series Chuck's Day Off on his experience with Mexican food during the two months he spent in the country filming

In Chuck's Week Off, the chef ventures on and off the beaten path in Mexico to discover the country and its cuisine. HANDOUT

If you can't stand the heat, It's time to ditch your old oven.

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See sales associate for details.

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Your kitchen wasn't designed to double as a sauna. That's why, unlike conventional ovens that can reach temperatures of up to 425°C, the exclusive new **AquaLift™ Self-Clean Technology** will clean your oven at only 93°C.

Less Time

AquaLift™ Self-Clean Technology will release the tough, baked-on foods and debris in your oven in under an hour, so you don't need to clear your schedule on days that you clean it.

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*$250 savings offer valid only on purchase of the following qualifying Whirlpool® models: YWFE540H0A, YWFE710H0A, WFG540H0A, WFG710H0A, WFG720H0A. Receive $200 on the purchase of the following qualifying Maytag® models: YMER8775AS, YMER8880A, MGR8775A, MGR8880A, YMR8890AS, YMFI910H0AS only. Offer valid on qualifying Whirlpool® and Maytag® appliances purchased from a participating authorized Canadian dealer from August 1 to August 31, 2012. Offer cannot be combined with any other offer. All models may not be available at all dealers. No substitute models qualify. This offer is not available to dealers, builders or contractors. Dealer prices may vary. Dealer alone has the sole discretion to set retail prices. ®/™Used under license in Canada. ©2012 All rights reserved.

Golf

Tseng feeling at home at the Canadian Open

Yani Tseng and Na Yeon Choi were feeling right at home in Vancouver during Thursday's opening round of the Canadian Women's Open.

Tseng, the world's No. 1, held the first-round lead after she fired a 6-under-par 66 in a successful return to the golf course where she won her first pro tournament in 2007.

Choi was just one shot back, with a five-under 67, after leading for much of the day. THE ASSOCIATED PRESS

Basketball

Triano gets another chance to coach national team

Jay Triano is returning to the helm of the Canadian men's basketball team.

Triano was the team's head coach from 1998 to 2004, leading the team to the 2000 Sydney Olympics.

Steve Nash, GM of the Canadian team, says Triano is a "confirmed and respected leader" in the basketball community.

Triano, 53, was the first Canadian-born and Canadian-trained coach in the NBA when he joined the Toronto Raptors in 2002 as an assistant. THE CANADIAN PRESS

CFL

"He's been nothing but great since he's been with us."

Toronto Argonauts **GM Jim Barker** on new offensive tackle Tony Washington. On May 9, 2003, Washington pleaded guilty to prohibitive sexual conduct with his sister, Caylen. At the time, he was 16. She was 15. He remains a registered sex offender in the U.S.

NHL players, from left, Brian Elliott of the St. Louis Blues, Kevin Westgarth of the L.A. Kings and Mike Weaver of the Florida Panthers leave the NHPLA offices Thursday following talks with the NHL in Toronto. CHRIS YOUNG/THE CANADIAN PRESS

Outlook grim for NHL with lockout looming

Negotiations. League and union no nearer a resolution as Sept. 15 deadline draws near

Another NHL lockout is beginning to feel like an inevitability.

Unable to move beyond the philosophical stage of talks, the owners and players have watched another week slip by without progress. They sat down together for a quick session Thursday morning before reporting the same significant gap that has existed all along.

The main issue that divides them is far from complex.

"We believe we're paying out more than we should be," said commissioner Gary Bettman. "It's as simple as that."

Of course, the NHL Players' Association doesn't quite see it that way.

Executive director Donald Fehr has acknowledged there's room for some flexibility in that area — last week's proposal included three years with a slightly lower share in revenues for the players — but he hasn't come to the table in a conciliatory mood after taking over a union that capitulated during the last round of negotiations.

"Everybody understands that employers would always like to pay less," said Fehr. "That's not a surprise to anybody — it's disappointing sometimes — but it's not a surprise."

The parties attempted to make some progress Wednesday by clearing the meeting room of everyone but the key figures: Bettman and deputy commissioner Bill Daly along with Fehr and his brother Steve Fehr, the union's No. 2 man.

They soon discovered there was little common ground.

Those same four men will reopen talks next Tuesday in New York during what promises to be a key negotiation session. THE CANADIAN PRESS

Not much progress

With both sides so entrenched, real negotiations have yet to begin even though the Sept. 15 deadline for a lockout is fast approaching.

UFC forced to cancel Sept. 1 pay-per-view show

Jon Jones, left, lands a kick on Brazil's Lyoto Machida during UFC 140 in Toronto in December. CHRIS YOUNG/THE CANADIAN PRESS

The UFC cancelled its Sept. 1 pay-per-view show Thursday after light heavyweight contender Dan Henderson injured his knee and champion Jon Jones declined a replacement fight with Chael Sonnen.

UFC President Dana White was left furious with Jones and his trainer, Greg Jackson, after the UFC was forced to scrap a major card for the first time in his 11 years in charge of mixed martial arts' dominant promotion.

"This is probably one of my all-time lows," White said. "The one thing that I never thought in a million years would ever happen — it happened."

White said Jones is the first UFC champion ever to turn down a match even on such short notice, calling the decision "selfish" and "disgusting."

UFC 151 was scheduled for Sept. 1 at Mandalay Bay Events Center in Las Vegas.

Jones agreed to defend his title against former champion Lyoto Machida at UFC 152 in Toronto on Sept. 22 in a rematch of their bout last December in the same city.

But that did nothing to curb White's anger at one of his promotion's biggest stars — and an athlete personally sponsored by the UFC.

Jones and Jackson didn't immediately respond to requests for comment. THE ASSOCIATED PRESS

Quoted

"We've never, ever had a fighter refuse to fight somebody, especially a fighter who is a world champion as well as one of the top pound-for-pound guys in the world." UFC President Dana White

4 SPORTS

Mobile sports

Oakland's Brandon McCarthy says he's confident he's clean whenever the call comes for a random Major League Baseball drug test. But the Athletics' right-hander admits the nerves do sometimes creep in, especially after his teammate, Bartolo Colon, received a 50-game ban earlier this week. Scan the code for the story.

New report says pro teams could start flocking north

It was a season-long celebration in Winnipeg last winter as the NHL returned to town. According to a Conference Board of Canada study, the country could support three new NHL teams. MARIANNE HELM/GETTY IMAGES

Study. Conference Board makes case for significant expansion into Canada in future

Canada appears ripe for major league sports expansion over the next two decades, says a new report from the Conference Board of Canada.

Economic and demographic trends suggest the country could support three new NHL teams, the return of Major League Baseball to Montreal and the NBA to Vancouver, and as many as three, new Major League Soccer teams.

The study, released Thursday, also suggests that by the year 2035, another seven cities could support CFL franchises.

"The professional sports scene in Canada will continue to expand over the next 25 years," write Glen Hodgson and Mario Lefebvre.

"The conditions for growth are right — the Canadian dollar will likely remain strong and the taxation gap with the U.S. is expected to continue to narrow. This will allow existing franchises to prosper and offer a better chance for new franchises to succeed."

The study looked at population growth trends in specific markets, the effects of an aging population, the strength of the Canadian dollar, the movement of corporate head offices, and income growth to predict which cities will be able to support big-league sports.

The study found that all Canada's existing major league sports teams are on a sound market footing, and suggests that Toronto could support a second NHL team, along with Quebec City and Hamilton — bringing the Canadian total to 10.

Quebec City is set to begin construction of an NHL-sized arena, while various Hamilton proposals have been jilted by the NHL over the last 15 years.

The report suggests that while Toronto could support a rival team to the Maple Leafs, the front-end cost of the new franchise could approach $1 billion, including franchise rights, a new rink and paying off the territorial exemption. Moreover, with Bell and Rogers now owning the Leafs, muscling into the Toronto media market would require any new team to find an accommodation with the media giants.

Predicting the future of sports development is problematic, but certain economic pillars can be established that allow projections for current sports trends.

The report notes that mixed martial arts didn't exist a quarter century ago and soccer was barely on North America's radar, while boxing and horse racing were big mainstream draws.

"In short, the future is bright for pro sports in Canada," the report concludes.

THE CANADIAN PRESS

The more the merrier

Montreal lost its Expos in 2004 but the authors say the city "already possesses the basic market conditions required to support a MLB franchise and will strengthen its position over our forecast horizon."

- Vancouver, which saw its NBA Grizzlies relocate to Memphis, Tenn., in 2001, could also support another pro basketball team one day, says the report.
- As for the CFL, new franchises could stretch from Moncton and Halifax to Saskatoon, based on population and market trends.
- The wild card, say the authors, is the potential for an NFL team in Toronto, which would have "direct ramifications for the CFL's Argonauts and for the entire CFL" — not to mention impacting any proposed second NHL team for the city.

Quoted

"With a population of 3.5 million in 2035, the Vancouver market will be large enough to sustain franchises in the NHL, CFL, Major League Soccer and the NBA — but not (Major League Baseball)."

An excerpt from the Conference Board of Canada report

Cycling

'Enough is enough': Armstrong decides not to fight charges from USADA

Lance Armstrong said Thursday night he is finished fighting a barrage of drug charges from the U.S. Anti-Doping Agency, putting his unprecedented string of seven Tour de France titles at risk along with his legacy as one of the greatest cyclists in history.

The decision sets up a likely lifetime ban from the sport and the possibility that Armstrong will be stripped of his signature achievement — the extraordinary run of Tour titles he won from 1999-2005.

Armstrong, who retired last year, declined to enter arbitration — his last option — because he said he was weary of fighting accusations that have dogged him for years. He has consistently pointed to the hundreds of drug tests that he has passed as proof of his innocence.

"There comes a point in every man's life when he has to say, 'Enough is enough.' For me, that time is now," Armstrong said in a statement sent to The Associated Press.

Armstrong insisted his decision is not an admission of drug use, but a refusal to enter an process he believes is improper and unfair to athletes facing charges.

THE ASSOCIATED PRESS

Lance Armstrong GETTY IMAGES FILE

Packers run away with win in Cincinnati

Green Bay quarterback Aaron Rodgers goes for a run during an NFL pre-season game on Thursday night in Cincinnati. The MVP Rodgers ran for two touchdowns in the Packers 27-13 win over the Bengals.

JOE ROBBINS/GETTY IMAGES

Horoscopes

♈ Aries
March 21 - April 20
Be honest with yourself about your financial situation. The only way to resolve a problem is to identify exactly what that problem is, so stop pretending everything is fine and get to grips with reality. You'll do OK.

♉ Taurus
April 21 - May 21
Don't look for the usual explanations today. Look for explanations that seem most outrageous, because those are the ones most likely to be true. You need to learn to think in more creative ways.

♊ Gemini
May 22 - June 21
The Sun's link to Neptune will confront you with situations, both at home and at work, that demand a more flexible response. Approach the same old problems in the same old ways — and you'll get the same old results.

♋ Cancer
June 22 - July 23
Don't waste time trying to make sense of what is going on in the world because most likely it will make no sense. The good news is you are one of the lucky few who will benefit from the upheavals.

♌ Leo
July 24 - Aug. 23
The more others tell you to follow the herd and do what everyone else is doing, the more you should do the opposite! The herd always ends up in the slaughter-house, so break free and be the one who survives.

♍ Virgo
Aug. 24 - Sept. 23
You have got to be active if you want to succeed. For best results today get out into the world and meet as many new people as you can. Luck is most likely to come when you are on the move.

♎ Libra
Sept. 24 - Oct. 23
The rules of the game are for other people. Why? Because you are playing a different game entirely. Do as you please and come and go as you see fit. To put it bluntly: Who is going to stop you?

♏ Scorpio
Oct. 24 - Nov. 22
Do something out of the ordinary today. If others are shocked by your behaviour, that's both a bad sign and a good sign: bad in that it confirms you've become too predictable; good in that you know you must change.

♐ Sagittarius
Nov. 23 - Dec. 21
Focus on your work today and believe that you can turn your dreams into realities. Whatever career path you have been following to date you must be more adventurous over the coming few weeks. What have you got to lose?

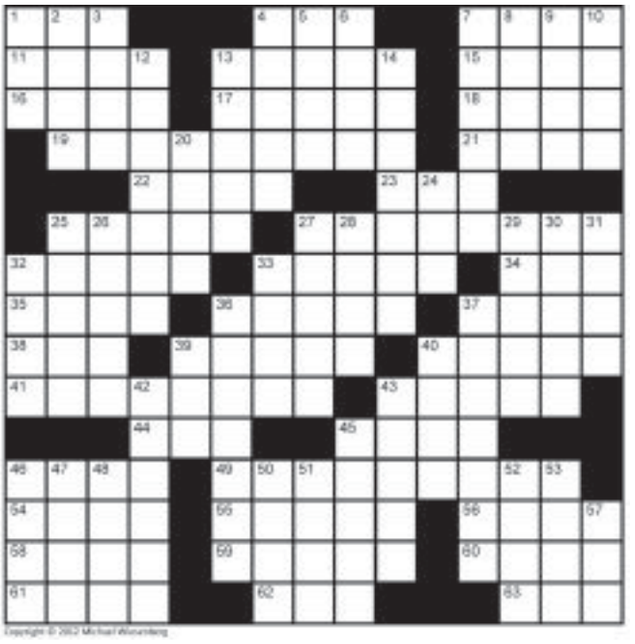
♑ Capricorn
Dec. 22 - Jan. 20
Capricorn may be traditional by nature but you know when it is right to disrupt the status quo and that's now. Chaos is not always a bad thing. Out of disruption will come a more positive way of life.

♒ Aquarius
Jan. 21 - Feb. 19
You can afford to take a few risks today. No matter how close you sail to the edge, the planets suggest you won't fall over. Even if, somehow, you do, you'll have a soft landing.

♓ Pisces
Feb. 20 - March 20
What you need to realize today is that when you go to one extreme, you encourage those who disagree with you to go to the opposite extreme. Is that what you want? If not, be moderate in what you say and do. SALLY BROMPTON

Crossword: A Team Member, a Party, a Group, and a Game

BY MICHAEL WIESENBERG



Across
1. Distribute seeds
4. Scotsman's cap
7. Cash register
11. National Park west of Banff
13. It might come at the end of a fable
15. One of the reeds
16. ___ & Span: household cleanser
17. "... say, not ___": parental words to kids about following orders (3 wds.)
18. Battle with police
19. Member of a Calgary team
21. AOL and Comcast
22. World's longest river
23. 180° from WNW
25. Climb
27. Winnipeg's "American Woman" band (2 wds.)
32. Gazillions
33. Daybreaks, poetically
34. Condo group: initialism
35. ___ grievance: complain openly (2 wds.)
36. Refrigerator maker now part of Maytag
37. Remainder
38. Flying saucer
39. Bank holdings: abbr.
40. Come into port
41. Canada's oldest federally registered party
43. Spelunking sites
44. Was ahead
45. Florence's river
46. Biting insect
49. Sport often associated with Canada (2 wds.)
54. Wyatt ___: Gunfight at the OK Corral survivor now buried in Colma, CA
55. Edgar ___ Poe
56. Ancient love god
58. Garage sale stipulation (2 wds.)
59. Victoria-born singer Furtado
60. Fathers
61. "Of ___ I Sing"
62. Obese
63. Posed

Down
1. ___ admin: computer techie, for short
2. "Uh oh"
3. Insubstantial amount
4. "We're off ___ the Wizard" (2 wds.)
5. Dry
6. Fabricated
7. Harper's group
8. Bird associated with 22-Across
9. Circle around
10. Permits
12. Anthem sung in every province (2 wds.)
13. Symbolic Canadian leaf
14. Manitoba-born singer McKennitt who performs world music with Celtic and Middle Eastern themes
20. 1,000 ___ = 1 inch
24. Rattler's warning
25. Space opera genre (2 wds.)
26. Chocolate substitute
27. Agile mountain animals
28. Banquet coffeepots
29. In what place?
30. Has, as a party
31. Promise
32. David's biblical predecessor
33. CCXV x X [how did the old Romans ever manage arithmetic?]
36. Early French Canadian
37. Took back, as permission
39. Exist
40. BMO: Fr.
42. Go by, as time
43. Political ally
45. Grind to ___: stop suddenly (2 wds.)
46. Great accomplishment
47. Cat-o'-nine-tails
48. Great Lake
50. Music sheet mark
51. Songstress Fitzgerald of jazz
52. Historic periods
53. He said, "Do, or do not. There is no try."
57. Tupolev Tu-144, for one: initialism

Yesterday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

	1	7				4		
			3	2				6
5					9			7
		1	9		8		7	
	6			1			2	
	7		5		2	8		
7			2					8
6				5	3			
		4				2	3	

Yesterday's Sudoku

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SAVE $5107

$124

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$116

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$228

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SAVE $3218

$210

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SAVE $2107

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$96

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SAVE $4107

$96

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B5495
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SAVE $5107

$122

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N326798A
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SAVE $4107

$114

2008 MAZDA 3 GX
N331534
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$104

2005 HONDA ACCORD LX
N325288
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